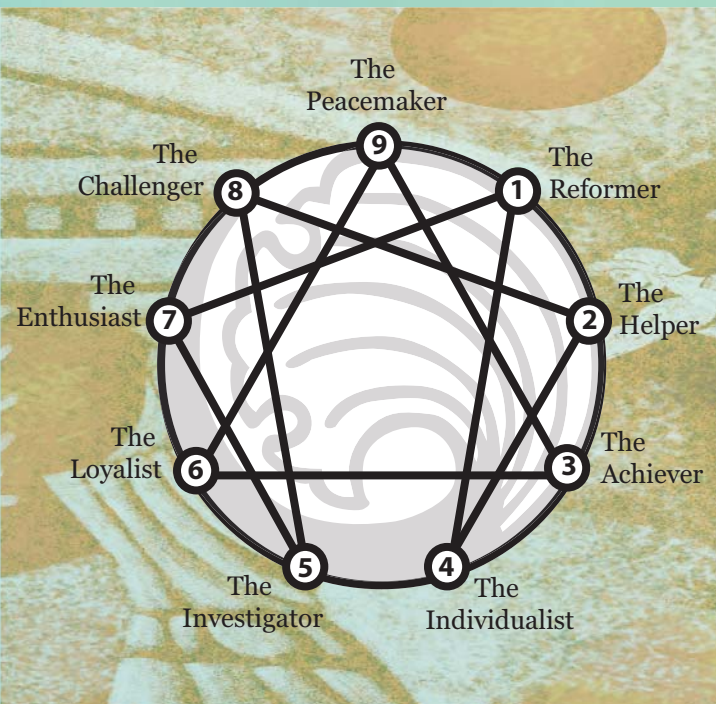


FREE Introduction to the Enneagram

Join us for a FREE introductory class on the Enneagram.

The Enneagram is a system of nine personality types that combines traditional wisdom and modern psychology into a powerful tool for understanding ourselves and the people in our lives.

Friday, February 17th
7:00 - 9:00 PM
At Stillpoint Studios



The Enneagram in Relationships Panel Workshop

The Enneagram is a personality system that describes 9 personality types. It recognizes an individual's essential nature and his/her personality with strengths and challenges based on a way of paying attention to oneself and others.

As we are able to witness this process we can become aware of the way we react to life. This reaction often will inform us about our underlying core avoidances and defense mechanisms. These mechanisms become strategies we adopt in order to survive and be loved. This workshop will emphasize the strengths and challenges we bring to our significant relationships.

In this workshop, people who know their type will talk about their life from their type's point of view. Certified Enneagram Teachers will facilitate this conversation so the audience will get a first hand experience of how their type operates in life.

Saturday, February 25th
8:45 AM - 6:00 PM
At Stillpoint Studios

1 hour lunch break. Participants may bring a lunch or purchase lunch locally

\$90 before Feb. 18th
\$115 after Feb. 18th



Marion Gilbert has been practicing physical therapy since 1978 and is the owner of Springhill Physical Therapy and Stillpoint Studios. She has continued her career with extensive training in CranioSacral Therapy, Soma-Emotional Release and Trauma resolution. She has been actively using the Enneagram professionally and personally for the last 8 years and was certified with the Helen Palmer and David Daniels Narrative Traditions training in 2005.



Madeline D'Andrea has a B.A. in Music and a Teaching Credential from UC Santa Barbara. With over 28 years of teaching experience she retired in 2008. She has always been curious about

understanding the human personality and how humans function best in the world. Her Enneagram interest started after she observed her first panel 25 years ago, which led her to her Enneagram teaching certification with the Helen Palmer and David Daniels Narrative Traditions training in the beginning of 2010.

Contact Us Today!
Participants must pre-register

Email:

madelinedandrea@gmail.com

Or Call:

(530) 432-5225

Stillpoint Studios, 300 Sierra College Drive, Suite 155, Grass Valley, CA 94945